



At Debevoise, we believe supporting individual well-being is essential to cultivating a collaborative environment in which all can thrive.

Debevoise & Plimpton LLP has been a signatory of the ABA Well-Being Pledge since 2020, and we continue to work alongside the ABA to develop and expand our wellness resources.

# Physical Health

### Health Center - Operated by Mount Sinai.

Located on the 41st floor of our New York office, the firm's onsite Health Center, operated by Mount Sinai, provides a wide range of onsite services to all New York partners and employees, including primary care, preventative care, physical therapy, annual physicals and vaccinations. For additional services and specialty care, Debevoise has sponsored membership for all New York partners and employees at The Health Center at Hudson Yards, the flagship concierge medical practice of Mount Sinai. Located just steps from our office, at 55 Hudson Yards, the health center's services include urgent and primary care, physical therapy, behavioral health, cardiology, gynecology, X-rays, nutrition counseling, dermatology and on-site lab work.

**Health Club Membership Discounts.** The firm provides discounts to Equinox, Crunch and select local health clubs.

Firmwide Fitness Challenges. During our global Fitness Challenges, participants can earn points by completing an activity that supports their physical or mental health and well-being. In this year's special edition of the Challenge, the firm donated to Ukrainian humanitarian relief efforts based on the points earned.



#### Virtual Access to Therapy and Psychiatry with

**Ginger.** Ginger offers on-demand and confidential mental healthcare through coaching via text-based chats, self-care activities and video-based therapy and psychiatry. This service is also offered to dependents aged 13 and older.

**24/7 Access to Counselors.** Through our Employee Assistance Program, administered by Corporate Counselling Associates (CCA), all partners and employees, as well as their dependents across all offices have 24/7 phone access to masters-level counselors.

#### E-mindfulness for Legal Professionals.

Every Wednesday, lawyer and mindfulness expert Jon Krop helps attendees become happier, more effective professionals by walking through simple methods and meditations to relax, de-stress and focus.

## Monthly Programming and Events.

Some highlights from this year include Lawyer Social Hours and programs such as "Set Boundaries and Boost Your Wellbeing," "Tackling Loneliness" and "Guiding Your Family to Greener Living."

# Financial Health

**Financial Success Series.** We offer guest speakers and expert presentations on subjects including introduction to personal finances, student loan refinancing and more.

**Student Loan Refinancing.** The firm has partnered with several financial institutions to provide student loan refinancing options for eligible employees.

Vanguard Monthly Seminars. Topics include "Getting on Track for Retirement," "Financial Freedom" and "Principles of Investing."

**Citi Private Banking.** Through the firm's relationship with Citi, eligible partners and employees have access to Citi's private banking resources and services.